



ROLFING®

From Perception to Action –
Touching People With Rolfing

International Rolfing® Conference 2010
and ERA General Meeting, 1 – 2 May 2010

Workshop with Kevin Frank, 28 – 30 April 2010
Workshop with Peter Schwind, 3 – 4 May 2010

FEES

Conference and Workshop Fees

Early registration*
(fee received by 12 March
/After 12 March 2010)

Rolfer/Rolfing Students:

European Rolfing® Conference 2010 1 - 2 May 2010 (party included).....	120, – € /140, – €
Workshop 1 (Rolfers only) 28 - 30 April 2010 with Kevin Frank	420, – € /450, – €
Workshop 2 (Rolfers only) 3 - 4 May 2010 with Peter Schwind	280, – € /300, – €
Special offer (all workshops and conference).....	750, – € /850, – €
Conference fee for Sunday	70, – €
Conference fee for Saturday (with party).....	100, – €

Minimum number of participants for workshops: 8. If minimum number is not reached by 12 March 2010 workshop can be cancelled by ERA.

Guests:

European Rolfing® Conference 2010 1 - 2 May 2010 (party included)	140, – € /150, – €
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Prices include beverages and coffee breaks during the day.

* To qualify for early registration, send registration form AND payment before 12 March 2010.

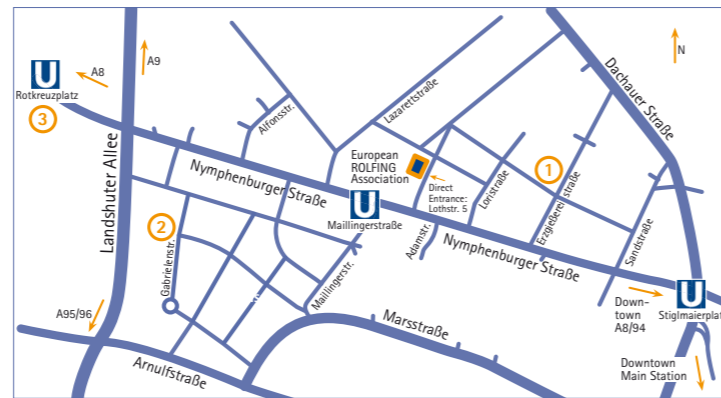
Contact and Registration

European ROLFING® Association e.V.
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HypoVereinsbank
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80802 München
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Kontonummer: 60 60 69 88 03
IBAN: DE 35 7002 0270 6060 698803
SWIFT (BIC): HYVEDEMMXXX

LOCATION



Rolfing® Training Center

European ROLFING® Association
Nymphenburger Straße 86, 80636 München,
Entrance: Lothstraße 5

How to get there:

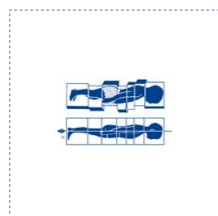
By car: see map above
By plane: Airport Franz-Josef-Strauss, S8 to main station
By train/subway: Main station, subway U1 (direction Olympia-Einkaufszentrum) or U 7 (direction Rotkreuzplatz), exit Maillingerstraße.

Accommodation:

Hotels:

- 1 Hotel Erzgieberei**
Erzgiessereistraße 15, 80335 München
Telefon: +49 (0)89/12 68 20, www.europe-hotels-int.de
Special rates: Single room: 82,- €, Double room: 99,- €
Keyword: Rolfing
- 2 Hotel Orly**
Gabrielenstraße 6, 80636 München
Telefon: +49 (0)89/12 10 60, www.hotel-orly.de
- 3 Hotel Rotkreuzplatz**
Rotkreuzplatz 2, 80634 München
Telefon: +49 (0)89/13 99 080, www.hotel-rotkreuzplatz.de

FAX + 49. (0)89. 54 37 09 - 42



Name: _____
 Phone: _____
 Street: _____
 ZIP-Code, City: _____
 Country: _____
 E-mail: _____
 Signature: _____

European ROLFING® Association e.V.
Nymphenburger Straße 86
80636 Munich
GERMANY

ROLFING®

From Perception to Action – Touching People with Rolfing

The main idea of the conference is to increase perception of a human being and to become more aware of our own action patterns. Our abilities in non-verbal communication will benefit the Rolfing work and contribute to the success of our practise. Mini-workshops focus on different perspectives and emphasize on experience and usability in daily practise.

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1 – 2 May 2010

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Rolfing® Training Center
Nymphenburger Straße 86
80636 München
Germany



SATURDAY PROGRAM

1 May 2010

08.30 – 09.00 Registration
09.00 – 09.15 Opening
09.15 – 10.45 Body as Movement System: A Premise for Rolfing® Structural Integration

Fascial manipulation and perception together offer a unified model of SI in which optimal coordination is the result of a differentiated and rewoven body-map.

Kevin Frank,
Certified Advanced Rolfer, Rolf Movement Instructor



10.45 – 11.15 Break

ERA General Annual Meeting

11.15 – 13.00

Reports and Discussion

1. Board and Office Report
2. Report of Financial Controllers
3. Clearing of the board
4. Contact Point reports
5. RISI reports
6. Research
7. Miscellaneous

Please read written reports before the general meeting to have more time for discussion.

For Rolfers only

13.00 – 14.30 Break

14.30 – 16:00 Perception, Movement and energy The Rolfing Movement Concepts of Tonic Function transferred to the martial art Wing Tzun. Pierpaola Volpones, Rolfing Instructor, Rolf Movement Instructor / Kathrin Grobelnik, Certified Rolfer, Master of Wing Tzun



SATURDAY/SUNDAY PROGRAM

1/2 May 2010

16.00 – 16:30 Break
16.30 – 18:00 Scientific basis and practical applications of a fascia oriented sports training How to grow a more resilient and elastic fascial body suit? Suggestions for transporting new fascia related research findings into the fitness world.

Robert Schleip,
Ph.D., Rolfing Instructor,
Research Director of the ERA /
Markus Rossmann,
Certified Rolfer,
Certified PE Teacher



20.00 Dinnerbuffet, Party and Dance

SUNDAY PROGRAM

2 May 2010

09.00 – 10:30 Voice Dialogue – Who within me? Who within me is attracting new clients and making money? Who is needing a rest? We will experience how these "Inner Selves" affect our posture, function and structure, and what integration means in the context of Voice Dialogue.

Theres Grau,
Certified Rolfer
& Voice Dialogue Facilitator



SUNDAY PROGRAM

2 May 2010

10.30 – 11:00 Break
11.00 – 12:30 Faculty Pannel "Touching people with Rolfing" Christoph Sommer / Kevin Frank / Pierpaola Volpones, Moderator: Tony Walsh, Certified Rolfer
12.30 – 14.00 Break
14.00 – 15:30 New techniques for treatment of dysfunction of the arm.

This workshop will give a practical introduction into new modes of working with the intermuscular septa and the interos-seous membranes of the forearm.
Peter Schwind,
Advanced Rolfing Instructor



15.30 – 16:00 Break

16.00 – 17.30 Being in Touch with the Nervous System

How we can respect the peripheral nerves while doing our Rolfing series. Short lecture with longer practicum.
Christoph Sommer,
European Rolfing Instructor Modular format



17.30 End

WORKSHOP 1

28 – 30 April 2010

Perceptive Approaches for Core Stability: Reviving System Response to Demand in the Embodiment of Tonic Function



This experiential workshop brings alive specific goals of the Rolfing ten series, as movement skills. We build these skills by speaking the language of, and recognizing responses from, the body's 'movement brain.' Perceptive skill for coordination allies with skill in working with fascia. We will visit a range of movement explorations adapted to table work as well as dynamic self-care to compliment the SI sequence. Integration means a differentiated and, at the same time broadly inter-woven, body-map meeting demand in gravity.

3 movement credits

Kevin Frank is a RISI Movement Instructor. He teaches and writes about the Godard-derived Tonic Function model of Structural Integration. Co-author of the book, *How Life Moves*. Kevin's work is sourced through Continuum, Susan Harper's, Hubert Godard, Zen meditative inquiry, and his collaboration with Caryn McHose with whom he founded Resources in Movement in Holderness, NH.

WORKSHOP 2

3 – 4 May 2010

Perception of the inner spaces of thorax and pelvis. Diagnosis and treatment.



This workshop will focus on the inner bridges inside the thorax and pelvis. We will investigate how this inner bridges are giving form to our organism from inside and how they interact permanently with the movements of our musculoskeletal system. We will explore the various layers of the inner wall of the thorax and investigate the thoracic subcavities. And we will study the main subdivisions of the pelvis to recognize how the permanent motion of the column of organs helps for a dynamic alignment of the human structure.

2 manipulation credits

Peter Schwind PhD is working since 30 years as a Rolfer in Munich and has been teaching basic Rolfing classes and workshops since 1985 and Advanced classes since 1991. Co-founder of the Munich-Group to allow workshops for practitioners of various schools. Peter has published several books including a new second edition of his book *Fascial and Membrane Technique* in German. He recently started to teach Fascial and Membrane Technique for the Barral Institute.

I hereby register for

Early registration/
fee after 12 March 2010

European Rolfing® Conference 2010
1-2 May 2010 (party included)

- Rolfer/Rolfing Students 120, – € / 140, – €
 Guests 140, – € / 150, – €

European Rolfing® Conference, only on

- Saturday incl. Party 100, – €
 Sunday 70, – €
 Party on Saturday for _____ Guests 30, – € / each

Prices include beverages and coffee breaks during the day.

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Accommodation

For recommended hotels, see list.

Registration Form Annual Meeting 2010